



## **Sexual Assault & Domestic Violence Support**

## **National Domestic Violence Hotline**

Abuse is about power and control. When survivors are forced to stay in the home or in close proximity to their abuser more frequently, an abuser can use any tool to exert control over their victim, including a national health concern such as COVID-19. In a time where companies may be encouraging that their employees work remotely, and the CDC is encouraging <u>"social distancing,"</u> an abuser may take advantage of an already stressful situation to gain more control.

Get help without saying a word. Online chat is available 24/7/365 <u>HERE</u>. Or call the hotline at 800-799-7233

## **Victim Service Center of Central Florida**

24/7 Crisis Hotline is available for people who experience sexual assault during this time and need a forensic exam evidence collection kit done. Can also be used for brief crisis prevention (15 minutes or less).

Call 407-500-4325

## **Harbor House of Central Florida**

24/7 hotline staffed by Advocates to help people get through this time when they may be in close quarters with someone who is abusive.

Call 407-886-2856 or click HERE.